

## **Appendix 1: Health Overview & Scrutiny Recommendation Response Pro Forma**

*Where a joint health overview and scrutiny committee makes a report or recommendation to a responsible person (a relevant NHS body or a relevant health service provider [this can include the County Council]), the Health and Social Care Act 2012 and the Local Authority (Public Health, Health and Wellbeing Boards and Health Scrutiny) Regulations 2013 provide that the committee may require a response from the responsible person to whom it has made the report or recommendation and that person must respond in writing within 28 days of the request.*

*This template provides a structure which respondents are encouraged to use. However, respondents are welcome to depart from the suggested structure provided the same information is included in a response. The usual way to publish a response is to include it in the agenda of a meeting of the body to which the report or recommendations were addressed.*

### **Issue: Oxfordshire Healthy Weight Scrutiny Item**

#### **Lead Cabinet Member(s) or Responsible Person:**

Cabinet Member for Public Health, Inequalities, and Community Safety (Cllr Nathan Ley)

For a response to be provided to all the recommendations outlined below (Excluding recommendation 6 which is aimed at the BOB Integrated Care Board)

**Deadline for response:** Tuesday 14<sup>th</sup> November 2022

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### Response to recommendations:

**NOTE** from public health re frequency of catchup. Most of the changes required for excess weight are require actions over a longer period. ie unlikely to change/progress at the bi-monthly frequency of HOSC meeting.

Recommendation	Accepted, rejected or partially accepted	Proposed action (if different to that recommended) and indicative timescale (unless rejected)	Update April 2023
<p>1. To ensure adequate and consistent support as part of secondary prevention for those living with excess weight; and to improve access to, as well as awareness of, support services that are available for residents living with excess weight.</p>	<p>Accepted</p>	<p>We currently commission two healthy weight services at Local Authority level, one that works with adults and another working with children. We also link closely with partners (NHS) who offer services at tiers above and below our own with a view to offering a seamless pathway. We identified some gaps in service as part of the recent Health Needs Assessment (HNA) on Healthy Weight. The current contract is coming to an end and we are planning to commission an 'all age service' with some additional elements to meet the gaps identified in the HNA. We are also planning a review and refresh of</p>	<p>We are in the process of recommissioning an all age, Tier 1 &amp; 2 service, and will know the outcome by late Spring 2024. The service will commence on 1<sup>st</sup> September 2023. The new Tier 1 and 2 service will include a range of programmes for residents to choose from, as well as developing innovation pilots with specific populations as identified by the HNA, to test and learn what works with these residents to support achieving a healthy weight. Communications and campaigns will be part of this contract to</p>

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		opportunities to raise awareness of support that is available.	increase awareness of the service for residents and professionals.
2. To ensure effective support for ethnic groups that are more likely to develop excess weight, and to raise awareness amongst these groups of the support available to them.	Accepted	The current healthy weight service has specific programmes for ethnic groups who are more likely to develop excess weight. This includes innovation pilots working in mosques, women only sessions, and tailoring content to be specific (e.g. on food types) The new service will build on this learning/modelling and is likely to have community development as a delivery component within key priority areas and populations, including ethnically diverse.	This detail remains the same. We can provide specific numbers and details of groups if HOSC require
3. To work on providing support to the parents, carers, or families of those living with excess weight, and to help provide them with the	Partially Accepted (word children added)	To work on providing support to the parents, carers, or families of <span style="color: blue;">children</span> living with excess weight, and to help provide them with the tools to help manage children's weight.	Current Tier 1 and 2 services commissioned by public health have bespoke services for children. From September 2024 the new service will have innovation pilots to test and learn what works with cohorts aged 0-3 and teenagers. In addition,

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<p>tools to help manage children's weight.</p>			<p>a range of digital and print resources for adults and families will be available from the provider to support a healthy weight. The provider will also be part of wider systems working, linking up a range of partners, for example NCMP and 0-19 providers.</p> <p>A children's healthy weight toolkit for health, social and voluntary/community professionals is in redevelopment.</p> <p>A 'You Said, We Did' response has been developed for Early Years professionals following a survey and interviews to support knowledge and skills in healthy eating. This includes Lunchbox Planners, Child Feeding Guide Training and a range of other resources.</p> <p>Finally, Public Health have led a working group to develop a suite of resources and assets to support uptake of Healthy Start across the County, including in ethnic minority groups. This has recently gone live.</p>
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<p>4. To explore avenues of support for residents who may struggle to afford healthy diets in the context of the cost-of-living crisis.</p>	<p>Comment</p>	<p>This should be an action/link for Food Strategy work across Oxfordshire, which is led by Laura, Rushen, Senior Policy Officer at OCC– each District Council has been commissioned to undertake work for their District.</p> <p>LR comments: As part of implementing the Oxfordshire Food Strategy, each district/city area has develop a Food Strategy Action Plan which includes specific actions that will seek to address how healthy diets can be promoted and support that can be offered as part of the cost-of-living crisis.</p> <p>A co-ordinated approach to support all residents affected by the cost of living crisis has been undertaken. *suggest Paul Wilding/Emily Urquhart update*</p>	<p>Action plans have been developed and adopted by the following councils:  <a href="#">Cherwell – 4 March</a>  <a href="#">Oxford – 13 March</a>  <a href="#">West Oxfordshire – 9 March</a></p> <p>South Oxfordshire and Vale of White Horses’ action plans are being finalised.</p> <p>Any additional comments from Paul/Emily</p>
<p>5. To ensure that consideration of the ill-effects of being underweight is also built into the language adopted, and the services being commissioned, as part of promoting Healthy Weight overall within the County.</p>	<p>Reject</p>	<p>This didn't inform part of the discussion at the meeting which was focussing on excess weight. Whilst this is a very important issue we need to remain focussed on tackling excess weight. There are significant differences between the causes, behaviours and actions that can be taken associated with underweight as opposed excess weight and none of the preventative, environmental</p>	

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		<p>actions or services commissioned for excess weight link to underweight. To set context while over 30% of children in year 6 and 60% of adults in Oxfordshire are living with excess weight around 1% of children experience underweight.</p>	
<p>6. In light of recent findings relating to the risks of excess weight medication (GLP-1 receptor agonists), it is recommended that the BOB Integrated Care Board review the availability of these medications and any associated risks; and to update the Committee on this (tier 3)</p>		<p>ICB response</p>	<p>Update to be provided by ICB</p>

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<p>7. To orchestrate a meeting with HOSC, to include senior Planning/Licensing officers, Chairs of Planning Committees of the District Councils, as well as the relevant Cabinet Member to discuss the planning and licensing around the presence of fast-food outlets in certain areas around the County and advertising of HFSS products.</p>	<p>Partially Accepted</p>	<p>To orchestrate a meeting with HOSC, to include senior Planning/Licensing officers, Chairs of Planning Committees of the District Councils and <b>lead officer responsible for advertising/sponsorship policy</b> as well as the relevant Cabinet Member to discuss the planning and licensing around the presence of fast-food outlets in certain areas around the County and advertising of HFSS products.</p>	<p>We believe this meeting was being co-ordinated by HOSC. We have met several times with planning leads and provided detailed backing information and evidence to support each District/City Council to put in place a policy to restrict Hot Food Takeaways if they choose.</p> <p>Public Health have commissioned Bite Back to develop a youth manifesto on food environments for Oxfordshire, including focusing on vending and HFSS advertising in different locations across the County.</p>
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